

February 1 - February 29

LUNCH

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Cheese Manicotti- 2 w/ Meat Sauce Green Beans -3/4c. Fresh Banana-1 Whole Grain Bread - 1 Milk-8 oz.	2 Whole Wheat Dominos Pizza-1 Romaine Salad w/ Dressing-1 1/2 c. Fresh Orange-1 Milk-8 oz.
5 W/G Chicken Fingers -3 Kidney Beans - 3/4c Diced Pear Cup - 1/2 c. Whole Wheat Dinner Roll-1 Milk-8 oz.	6 All Beef Hamburger on a Whole Wheat Bun - 1 Diced Carrots-1 c. Fresh Apple -1 Milk-8 oz.	7 Turkey and Cheese on Whole Grain Bread-1 Sliced Cucumber Cup w/ Dip-3/4 Fresh Apple-1 Milk-8 oz.	8 Breaded Chicken Patty on Whole Wheat Bun - 1 Roasted Potato Medley -3/4c Fresh Pear-1 Milk-8 oz.	9 Whole Wheat Dominos Pizza-1 Romaine Salad w/ Dressing-1 1/2 c. Fresh Orange-1 Milk-8 oz.
12 W/G Chicken & Cheese Quesadillas -3 Black Bean & Corn Cup-3/4c. Mixed Fruit Cup - 1/2c Milk-8 oz.	13 Crispy Chicken Drumsticks-4 Refried Beans-3/4c. Pineapple Cup - 1/2c Wheat Dinner Roll-1 Milk-8 oz.	14 All Beef Italian Sub-1 (Beef Bologna, Beef Salami, & Cheese on W/G Sub Roll) Sliced Cucumber Cup w/ Dip-3/4 Pineapple Cup -1/2c Milk-8 oz.	15 W/G Chicken & Cheese Quesadillas -3 Black Bean & Corn Cup-3/4c. Mixed Fruit Cup - 1/2c Milk-8 oz.	16 NO SCHOOL
19 NO SCHOOL	20 NO SCHOOL	21 Turkey Ham and Swiss Cheese on Whole Grain Bread-1 Black Bean & Corn Cup-3/4c Applesauce Cup-1/2 c. Milk-8 oz.	22 Grilled BBQ Chicken Fillet on W/W Bun-1 Mixed Vegetables-3/4c Applesauce Cup-1/2c Milk-8 oz.	23 Whole Wheat Dominos Pizza-1 Romaine Salad w/ Dressing-1 1/2 c. Fresh Orange-1 Milk-8 oz.
26 Chicken Burger -3oz on Wheat Hamburger Bun Broccoli Florets -3/4c. Fresh Orange-1 Milk-8 oz.	27 All Beef Hamburger on a Whole Wheat Bun-1 Sliced Carrots - 1c. Fresh Pear-1 Milk-8 oz.	28 Sliced Chicken and Cheese on a W/G Potato Bun-1 Celery Sticks-3/4c. w/ Dip Fresh Banana-1 Milk-8 oz.	29 Beef Meatloaf w/ Ketchup-3oz Mashed Potatoes-3/4 c. Fresh Orange-1 Whole Grain Bread - 1 Milk-8 oz.	